



# IO2 – Toolbox of Integration Resources

Handbook – What  
Services are Available to  
You?



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Young Migrant Integration Leaders

## Integration Leader Handbook

The aim of this short handbook is to support you, as a young leader of integration, to use the digital resources provided in the Toolbox of Integration Resources with young migrants in your community. Through this short handbook, we will provide you with some background information on the topic being discussed in the digital resource and then we will provide some guidance on a follow-up activity that you can complete with young people in your local network. The activity included in this handbook will work to further develop their understanding of the topic outlined in the digital resource. In some cases, where group discussions are more appropriate, we will guide you in how to set up a group discussion, and will provide some discussion points and questions for you to introduce to young people in your local group.

The topic of this handbook relates to the digital resource – **What Services are Available to You?**

### Introduction to the Topic

In this digital resource, young people are introduced to some of the available services which they can access in their communities. The digital resource acts as a prompt, to encourage young people to research services in their local community where they can access advice and information to support their integration into their host community.

When beginning your activities to engage young people and peers from host and migrant communities in your local group, you should be aware that you can ‘piggy-back’ or build upon the work being done by other networks and organisations. You don’t have to start from scratch completely; instead you can reach out to organisations, networks and service providers for support and advice to enhance your local engagement and integration activities with your peers.

Additionally, when you have engaged young people from migrant and host communities in your local group, it is important that you are aware of all of the support services available to young people in your area so that you can make effective referrals to these services where a need for support is highlighted by a group member.

Therefore, this activity has been designed as a practical activity that you can deliver with young people in your local group so that your peers have the opportunity to practice group brainstorming and research skills to identify the most relevant service providers for them on a local and national level. This activity will also give young people in your group the chance to increase their awareness and knowledge of existing local service providers, stakeholders and other youth or migrant networks that can support the integration work of the group within their communities.

### Using this Resource with a Group

To use this resource with young people in your local group, we recommend that you begin by introducing the topic to people in your group. To prepare what you will say, you should first watch the digital resource yourself and then you can recap on some of the key points mentioned in this handbook.

You should then invite all young people in your group to watch the digital resource. As you won't have access to a projector and a screen, you can invite your peers to log on to the EXEMPLAR project website: [www.exemplars.eu](http://www.exemplars.eu) and watch the digital resource on their smartphone, tablet or other device.

Once all peers in your network have watched the video resource, you should begin by asking them:

1. What did you think of the video resource?
2. What did you learn from it? Did you learn something new?
3. How did you find this resource useful and why?

### Follow-up Activity

When you have made sure that all young people in your group have watched the digital resource and have engaged in this short discussion, the next thing you can do is introduce this short activity that will help the young people in your group to relate what they have learned from this digital resource to their own lives or situations.

**Activity Name:** Developing Local and National Service Maps

**Timing:** This activity should take you and your peers 40 minutes to complete – but they can also complete this activity in their own time if they don't have the time to complete it as part of your group work.

**Materials:** For this activity, you will need to provide the following materials:

- Large sheets of paper or card – one for each group.
- Colourful pens, pencils or markers.
- Access to the internet for research – smartphones or tablets can be used by young people for this.

As you are doing this work on a voluntary basis and there is no budget for materials, you should contact your local community centre, local government office or even approach local businesses working in the community and see if they would be willing to donate some supplies for you to complete this activity with your peers.

**Description of Activity:**

- Begin by dividing your local group into 2 separate sub-groups.
- In these groups, young people are asked to identify the available services and supports which specifically target the needs of young people.
- Group 1 will identify local services and supports, and group 2 will identify national services and supports.
- Young people are asked to brainstorm services in their groups and to design/draw a service-map to represent the various services available to young people at both local and national levels.
- Where your peers are unable to think of services for young people, or to ensure that there are no gaps in the service maps, they are invited to search for services online, once they have completed their group brainstorm.
- The aim of this activity is to engage young people to identify the services which are available to them.

- This activity will also highlight where there are information gaps about available services, and also where there are gaps in local services which may only be available on a regional or national basis.
- Once the local and national service maps have been completed, you can ask peers from both groups to share their service maps with one another.



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